

# Açaí Berry Bowl Recipe

## Ingredients:

### For the Açaí Base:

- 2 packets of frozen açaí puree (usually found in the frozen fruit section)
- 1/2 cup frozen mixed berries (strawberries, blueberries, raspberries, etc.)
- 1/2 banana (frozen for a thicker consistency)
- 1/4 cup almond milk or any preferred liquid (adjust to reach desired thickness)
- 1 tablespoon honey or agave syrup (optional, for added sweetness)

### Toppings:

- Fresh banana slices
- Fresh strawberries or other berries
- Granola
- Shredded coconut
- Chia seeds
- Honey or agave drizzle

### Instructions:

- 1 Prepare the Base:** Run the frozen açaí packets under warm water for a few seconds to soften slightly, then break them into chunks.
- 2 Blend:** In a blender, combine the açaí puree, frozen mixed berries, frozen banana, and almond milk. Blend on high until smooth and thick. You may need to stop and scrape down the sides or add a splash more liquid if it's too thick to blend.
- 3 Serve:** Pour the blended mixture into a bowl.
- 4 Add Toppings:** Top your açaí base with fresh banana slices, berries, granola, shredded coconut, and chia seeds. Drizzle with honey or agave if desired.
- 5 Enjoy:** Serve immediately while the bowl is still cold and thick.