

Mango Salsa

2 oranges, peeled, sectioned, diced

1/2 c chopped avocado

2 Tbsp. chopped red onion

1/4 c chopped red sweet pepper

2 Tbsp. lime/lemon juice

1 Tbsp. fresh cilantro,

1 Tsp. grated ginger root

2 cloves garlic, minced

1/2 - 1 c chopped mango (bite-size pieces)

* double recipe for party size amount *