

A Delicious Recipe

...featuring California Avocados



Back to
Previous
Page

Avocado Salsa

Submitted by:
The California Avocado Commission

Serves: 4

Ingredients

- 1 ripe California Avocado, diced
- 1 tomato, diced
- 1/2 cup corn kernels
- Juice from 1 lime
- 2 tablespoons chopped cilantro or to taste
- Salt
- Ground black pepper
- Ground red cayenne pepper (optional)
- Minced jalapeno peppers (optional)

Preparation

- Combine avocado, tomato, corn, lime juice, and cilantro.
- Toss together gently.
- Season to taste with salt and pepper.
- For a spicier salsa, season with cayenne or minced jalapenos.

Nutrition Information

Because this recipe uses California Avocados...it's definitely nutritious!