



Tyson Chicken Recipes

Sweet Potato Fries

Average Rating: ★★★★★ Total Number of Votes: 1



Ingredients

- 4 Sweet Potatoes, peeled and blanched
- 1 1/2 cups Light Brown Sugar, packed
- 1/2 cup Butter

Servings
4

Preparation

Bring a large pot of water to a boil. Add peeled sweet potatoes and boil for 5 minutes. Remove from water. Cut into 1/2 inch slices or large julienne strips. Melt butter in a large frying pan over medium heat. Stir in brown sugar until dissolved. Add sweet potatoes and fry until golden brown and tender, turning occasionally.