

Rum Coke Float

SEE 'CATHY BARBER' AT LEFT



- 1 scoop premium vanilla ice cream*
- 1 1/2 ounces rum, or to taste*
- Coca-Cola*
- Lime wedge*

Place ice cream in a glass. Add rum and Coke. Squeeze the lime wedge over the top. Makes 1 serving.

**Per serving: Cal 386 (27% fat) Fat 12 g (7 g sat) No fiber
Chol 45 mg Sodium 51 mg Carbs 44 g Calcium 96 mg**

Bourbon Coke Float

SEE 'CATHY BARBER' AT LEFT



- 2 mint leaves*
- 1 scoop premium vanilla ice cream*
- 1 1/2 ounces bourbon or to taste*
- Coca-Cola*
- Maraschino cherries with juice (optional)*

Crush the mint leaves in the bottom of the glass. Add the ice cream. Add the bourbon and Coca-Cola. Garnish with a cherry and a teaspoon of cherry juice, if desired. Makes 1 serving.

**Per serving: Cal 388 (27% fat) Fat 12 g (7 g sat) No fiber
Chol 45 mg Sodium 52 mg Carbs 44 g Calcium 96 mg**

Source: "Matt Makes a Run for the Border"